



Educational Institute

High Conflict Program

Instructional methods

The instruction will include 50 percent psychoeducation lectures, 50% break out sessions to practice various techniques. We will have a supervisor in attendance in addition to facilitators to facilitate break out sessions. We will also have live demonstrations with clients/therapists interacting. There will be homework given after each instructional day with reading and a short quiz.

There will be an exam at the end of the course which will include 30 questions and must have a grade of 80 percent to pass.

In order to receive the Certification in either Practical Counselling, Play Therapy or the High Conflict program, the following is required:

- A minimum of 500 Direct Client Hours be completed in your registered program. For example, the play therapy program would be required you complete 500 hours seeing clients in the capacity of play therapy.
- 40 Hour of Peer Supervision Attendance
- 1 Supervision Hour for Every 8 clients with a minimum of two supervision sessions per month until you complete the program
- 4 – 6 client videos be reviewed during the program before receiving your certificate of completion of your program.

Program Overview

The High Conflict Program specializes in training therapists to work with separated/divorced families who are or have been court involved. The stress and emotional drain of going through separation/divorce is substantial and when a family is also court involved, the additional stress and pressure can feel enormous and unmanageable. As professionals, working with this population requires additional



training and specialized knowledge. Our team is dedicated to supporting the growth and development of therapists so that they can help families through this difficult time.

SPECIALIZED SERVICES

- Co-parent Counselling
- Parent Coaching
- Child/Youth Therapy
- Therapeutic Supervision of parenting time
- Litigation Support
- Managing Child Resistance & Refusal

PARENTING PLANS

- Creation of parenting plans
- Implementation of parenting agreements/plans
- Specialized parenting plans in consideration of:
 - Domestic violence
 - Power imbalance
 - Substance use
 - Special needs child(ren)



ASSESSMENTS & REPORTS

- Section 211 Reports
- Views of the Child Reports
- Hear the Child Reports

MEDIATION

- Preparation for participation in Alternative Dispute Resolution (ADR)
- Pre-mediation Coaching
- Family Mediation

Cost: \$4000

All Modules are Available Virtually and can be viewed online as modules are recorded. Each module includes one hour of live peer supervision available at various times offered each week. You may register in advance or attend as a drop in session.

Contact:

If you are interested in finding out more about the certification program, please contact:

lisa@crossroadscollective.ca or via telephone at 778 384 3221.