



Educational Institute

Play Therapy Program

Instructional methods

The instruction will include 50 percent psychoeducation lectures, 50% break out sessions to practice various techniques. We will have a supervisor in attendance in addition to facilitators to facilitate break out sessions. We will also have live demonstrations with children/therapists interacting. There will be homework given after each instructional day with reading and a short quiz.

There will be an exam at the end of the course which will include 30 questions and must have a grade of 80 percent to pass.

In order to receive the Certification in either Practical Counselling, Play Therapy or the High Conflict program, the following is required:

- A minimum of 500 Direct Client Hours be completed in your registered program. For example, the play therapy program would be required you complete 500 hours seeing clients in the capacity of play therapy.
- 40 Hour of Peer Supervision Attendance
- 1 Supervision Hour for Every 8 clients with a minimum of two supervision sessions per month until you complete the program
- 4 – 6 client videos be reviewed during the program before receiving your certificate of completion of your program.

Program Overview

Our course focuses on providing education on the foundation of play therapy, approaches, techniques, and interventions to use with children and youth, including neurodivergent and neurotypical children. Guest speakers will present on neurodiversity, including ADHD, Autism, and other disorders.



Foundational Play Therapy Program

The following Foundational Program includes the following modules: 40 Hours

- Child Centered Play Therapy (Direct Vs Indirect)
- Theories of Play Therapy (I and II)
- Ethics in Play Therapy
- Separation and Divorce
- Intake and Assessment
- Prevention, Promotion and Intervention
- Developmental Psychology
- Temperament and Attachment
- Social Anxiety
- Maltreatment and Reporting
- Informed Consent, Case Conceptualization and Termination of Therapy
- Sand Tray Therapy
- Clinical Supervision and Play Therapy

Other Individual Specialized Modules also Available:

- Following A Family With Special Needs from Birth to Adulthood
- Aboriginal Studies – Orange Shirt Day
- Autism, CKNW, and Variety Club Funding (British Columbia)
- Neurodiversity
- Marketing
- Externalizing Disorders
- Brain Development
- CBT in Play Therapy
- Disruptive Behaviour Disorders
- Introduction to Expressive Therapies
- Play Therapy in Schools
- Animal Assisted Therapy
- Sexual development
- ADHD
- Music and Dance
- Play Therapy for Children with Cancer
- Outdoor Therapy
- Gestalt Therapy
- Social Skills



CROSSROADS COLLECTIVE

- Autism, Anxiety, Depression and FASD
- Grief in Children
- Life Span Integration
- Attachment Theory
- Family Systems – Bowenian Therapy
- Domestic Violence and the Early Years
- Parenting Skills
- Self Care for Therapists
- Infancy and Toddlers
- Adolescents
- Genograms
- Family Play Therapy
- Theraplay as a Play Therapy Model
- Trauma and Children
- Creating an Inclusive and Culturally Play Therapy Practice
- Storytelling in Play Therapy
- Play Therapy with Abused Children – Physical, Emotional and Sexual Abuse

Individual Studies Program

Create your Own Program that is Unique for you. Choose any courses above from the Foundational Courses and/or the Individual Specialized Modules totalling 40 hours of Instructional Modules that makes this program unique to your and your clients needs. This is a great way to take the courses you feel would help you in your personal practice and the clientele you work with.

Cost:

- Foundational Course \$2000 in addition to 20 Hours of Peer Supervision
- Purchase Each Module Separately for \$100 per course and one hour of Peer Supervision

All Modules are Available Virtually and can be viewed online as modules are recorded. Each module includes one hour of live peer supervision available at various times offered each week. You may register in advance or attend as a drop in session.

Contact:



If you are interested in finding out more about the certification program, please contact:

lisa@crossroadscollective.ca or via telephone at 778 384 3221.